

# Calma y Lento

**Count:** 32    **Wall:** 4    **Level:** Absolute Beginner

**Choreographer:** Gregory Danvoie (June 2019)

**Music:** Calma - Pedro Capo, Farruko



## **S1- Side, together, side, together X2**

1-2                    RF step to the side, LF together  
3-4                    RF step to the side, LF together  
5-6                    LF step to the side, RF together  
7-8                    LF step to the side, RF together

## **S2- K step**

1-2                    RF step fwd in diagonal R, touch LF next to RF  
3-4                    LF step back in diagonal L, touch RF next to LF  
5-6                    RF step back in diagonal R, touch LF next to RF  
7-8                    LF step fwd in diagonal L, touch RF next to LF

## **S3- Jazz box with 1/8 turn X2**

1-2-3-4                Jazz box with 1/8 turn to the R  
5-6-7-8                Jazz box with 1/8 turn to the R

## **S4- Step fwd X3, kick, step back x3, touch**

1-2                    RF step fwd, LF step fwd  
3-4                    RF step fwd, LF kick fwd  
5-6                    LF step back, RF step back  
7-8                    LF step back, RF touch next to LF