Head Over Heels

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Choregraphie par : Wayne Beazley, Newcastle, Australie

Description : 32 temps, 4 murs, Débutant, Aoùut 2019

Musique : « Head Over Heels » by Daniel Lee. Bpm: 124 (3.25 mins), iTunes, Spotify

#36 count intro, Start feet together weight on L – No Tags/Restarts

S 1: Freeze R, Side Shuffle, Rock, Recover
1234 Step R to side, Step L behind R, Step R to side, Step L across R
5&6 Side Shuffle to R – Stepping RLR
78 Rock L Behind R, Recover weight on R

S 2: Freeze L, Side Shuffle, Rock, Recover
1234 Step L to side, Step R behind, Step L to side, Step R across L
5&6 Side Shuffle to L – Stepping LRL
78 Rock R behind L, Recover weight onto L

S 3: Heel Strut, Rock fwd, Recover, Toe Strut back, Rock back, Recover
12 Step R Heel fwd, Place Toes down
34 Rock L fwd, Recover weight on R
56 Step L Toes back, Place Heel down
78 Rock R back, Recover weight on L

S 4: 2 x 1/8L Paddles, R Jazz Box Step
12 Step R fwd, Paddle turn 1/8 L
34 Step R fwd, Paddle turn 1/8 L (9 o'clock)
56 Step R across L, Step L back
78 Step R to R side, Step L across R
[32]

Ending: To finish the dance, on wall 13 (facing 3 o'clock), do first 16 counts then add 2 x 1/8 L Paddles to finish at front wall.

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