

I Got Bar Friends

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Choregraphie par : Rob Holley (USA)

Description : 32 temps, 4 murs, Novice, Juin 2021

Musique : Bar Friends – Restless Road :
(Single – iTunes)



Intro: 16 (start on vocals)

[1-8] CROSS ROCK, SIDE ROCK, CROSSING SHUFFLE, SIDE STEP, TOUCH

- 1-2 Cross rock R over L (1), recover weight on L (optional clap) (2)
- 3-4 Rock R to R side (3), recover weight on L (optional clap) (4)
- 5&6 Cross R over L (5), step L to L side (&), cross R over L (6)
- 7-8 Step L to L side (7), touch R next to L (optional clap) (8)

[9-16] LINDY RIGHT, ROCK RECOVER, ½ CHASE TURN, WALK, WALK

- 1&2 Step R to R side (1), step L next to R (&), step R to R side (2)
- 3-4 Rock L behind (3), recover weight on R (4)
- 5&6 Step L forward (5), pivot ½ turn R (weight to R) (&), step L forward (6) (6:00)
- 7-8 Step R forward (7), step L forward (8)

[17-24] SYNCOPATED ROCK RECOVER, BALL STEP, ½ PIVOT LEFT, FORWARD SHUFFLE

- 1-2& Rock R forward (1), recover weight on L (2), step R next to L (&)
- 3-4& Rock L forward (3), recover weight on R (4), step L next to R (&)
- 5-6 Step R forward (5), turn ½ L (weight on L) (6) (12:00)
- 7&8 Step R forward (7), step L next to R (&), step R forward (8)

Tag happens here on wall 7

[25-32] ¼ TURN LEFT HEEL GRIND, COASTER STEP, TOE SWITCHES, HOLD

- 1-2 Touch L heel forward (1), twist/grind heel ¼ turn L & step R back (2) (9:00)
- 3&4 Step L back (3), step R back (&), step L forward (4)
- 5&6 Point R toe to R side (5), step R next to L (&), point L toe to L side (6)
- 7&8 Step L next to R (&), point R toe to R side (7), hold (optional clap) (8)

TAG: During wall 7, after 24 counts, facing 6:00

[1-6] STEP FORWARD, POINT, STEP BACK, POINT, STEP FORWARD, POINT

- 1-2 Step L forward (1), point R to R side (2)
- 3-4 Step R back (3), point L to L side (4)
- 5-6 Step L forward (5), point R to R side (6)

Restart dance from beginning

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